



# *TRINITY HIGHLIGHTS*

*AUGUST 2021*

*The monthly newsletter of  
Trinity Lutheran Church  
Greencastle, PA*

Dear Family,

We have been building on the principles that describe who we are at our best. The foundation, of course, is that we are passionate about God. God loves each of us individually and collectively as the faith family called Trinity. We respond with love and gratitude. Being passionate about God implies our desire to become followers of Jesus growing in spiritual maturity living into who God means us to be.

God's love anchors the other principles. Because God loves us and nurtures US into wholeness, we feed the hungry: emotionally, physically, and spiritually. We reflect God's love for one another and our neighbors by being open, welcoming, and friendly.

This August we move to our mission of sharing Christ in word and deed. Anchored in God's love, at our best, Trinity courageously uses our gifts in the community.

The journey of renewal involves two forks: Growing in spiritual maturity and moving out into our neighborhood joining God in the work of healing our broken world.

It is vital that we take spiritual practice and deepening our relationship with God seriously. We can't share what we don't have. If God isn't at the center of who we are and whose we are, then Trinity becomes a club and a social services agency. We lose the gift of transformation, forgiveness and peace Jesus promises.

Yet, our call as followers of Jesus is more than sitting in the pews or at home basking in God's love. Yes, there are times when we are in pain and need to receive the balm of God's healing love both through our devotion time and the love of the people around us. Even so, Jesus also challenges us to love one another as Jesus loves us.

Love is an action word not a warm and fuzzy feeling. Jesus calls us to action not simply thoughts and prayers. As we open ourselves to transformation, we can't help but see the pain in the world and want to join God in the work of healing. With God at the center, we find guidance for what Jesus would have us do both individually and as a congregation. What is God calling us to do with our unique gifts and resources? It's how we maintain balance. Each of us plays a part in God's work.

Courage is feeling the fear and doing it anyway. It feels uncomfortable doing something new or sharing a skill we're learning and might not do perfectly. At Trinity, when we're at our best, we trust God for guidance and direction and then we move out in faith. Over the course of the next months, there will be more opportunities for us to flex our spiritual muscles and move out in ministry joining God out in our neighborhood.

May we courageously hear God's call and say yes.

Blessings on your journey!

*Pastor Barb*



# AUGUST 2021

| Sun   | Mon          | Tue   | Wed                    | Thu              | Fri          | Sat |
|---|--------------|---|------------------------|------------------|--------------|-----|
| 1<br>Worship in Sanctuary and Facebook Live 10 AM                           | 2<br>AA 7PM  | 3<br>Young Adult Zoom 7PM<br><i>Finance 7PM</i> | 4<br>Bible Study 11AM  | 5<br>Prayer 6PM  | 6<br>AA 7PM  | 7   |
| 8<br>Worship in Sanctuary and Facebook Live 10 AM<br><i>Fellowship</i>      | 9<br>AA 7PM  | 10<br>Young Adult Zoom 7PM                      | 11<br>Council 7PM      | 12               | 13<br>AA 7PM | 14  |
| 15<br>Worship in Sanctuary and Facebook Live 10 AM<br><i>Concert 6:30PM</i> | 16<br>AA 7PM | 17<br>Young Adult Zoom 7PM                      | 18<br>Bible Study 11AM | 19               | 20<br>AA 7PM | 21  |
| 22<br>Worship in Sanctuary and Facebook Live 10 AM<br><i>Fellowship</i>     | 23<br>AA 7PM | 24<br>Young Adult Zoom 7PM                      | 25<br>Bible Study 11AM | 26<br>Prayer 6PM | 27<br>AA 7PM | 28  |
| 29<br>Worship in Sanctuary and Facebook Live 10 AM                          | 30<br>AA 7PM | 31  |                        |                  |              |     |

# August Worship Assistants

|                     | AUGUST 1            | AUGUST 8          | AUGUST 15      | AUGUST 22           | AUGUST 29         |
|---------------------|---------------------|-------------------|----------------|---------------------|-------------------|
| Assisting Minister  | Charlie Ford        | Scott Valentine   | Dave Wolfe     | Charlie Ford        | Scott Valentine   |
| Ushers              | Darrell Swart       | Dave Wolfe        | Larson Thomas  | Alan Shank          | Donna Wolfe       |
| Singer              | Scott Valentine     | Matt Cessna       | Zak Reynolds   | Ella Swart          | Matt Cessna       |
| IT Ministry         | Tom Sidoli          | Darrell Swart     | Beth Ford      |                     |                   |
| Communion Preparers | Charlie & Beth Ford | Bud & Donna Wolfe | Sue Wunderlich | Charlie & Beth Ford | Bud & Donna Wolfe |



## SPECIAL NIGHT OF MUSIC

Zak Reynolds and Hannah Ruffner will share their musical gifts with our congregation and the community before they leave for college. Join us for a musical evening on Sunday, August 15 at 6:30PM. The concert will also be available on Facebook Live and then downloaded to the website after the concert.



## PLEASE PRAY WITH US

Each Thursday evening a group gathers on Zoom for pray for our congregation. Please call the office for the zoom information if you feel called to participate with the group. Otherwise, set your alarm on your phone to pray from wherever you are. That way we are praying together as a family.

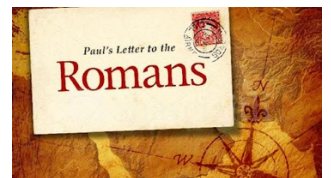


Please like and share the Facebook Worship Service and Midweek Devotions which appear each week. If you aren't already following Trinity's Facebook page, please take a minute to open the page and click *follow*.

EVEN IF YOU ARE ATTENDING SERVICES IN THE SANCTUARY, please take time to visit the worship videos and write something in the comments about how the service inspires you. Our mission is to share Christ in word and deed. This is an easy way for Trinity to share the Gospel with those beyond our doors. People are hungering for God.

## ROMAN'S BIBLE STUDY

The Romans Bible Study continues to meet on Zoom and in person on Wednesdays at 11. The group is noticing that the conversations are rich and making a difference in our lives. Join us in discovering more about who God is and who we are as followers of Jesus. For Zoom information email the office ([tlcsecoffice@gmail.com](mailto:tlcsecoffice@gmail.com)) or the pastor.



## FELLOWSHIP TIME RETURNS!

Fellowship time is now the second and fourth Sunday of each month following worship. Plan to stay after the service and enjoy conversation, snacks and getting reacquainted!

## MUSIC NOTES



Recent music included "SOMETHING OLD" as we sang "God Bless America" together on our nation's birthday. "SOMETHING NEW" "My Savior, My God" written in 2005; and Ella Swart joined the rotation as a new singer. "SOMETHING BORROWED" "Become to Us the Living Bread" to the tune of "Good Christian Friends, Rejoice and Sing" and borrowed from Hope Publishing Company suggested by the *Sundays and Seasons* planner. "SOMETHING BLUE" by doing "Just a Closer Walk with Thee" in more of a blues style. And, with God helping me, you will continue hearing the same variety with the goal that you are not just a hearer but a participant worshipping our Great Savior in spirit and in truth!

I would also like to extend a special invitation for you to bring a friend who does not attend Trinity to the concert Hannah Ruffner and Zak Reynolds will present with Brandon Sidoli as technician on Sunday, August 15 at 6:30 PM, in our sanctuary, as we send these young people off to college with our blessing!



## MIDWEEK DEVOTIONS

The midweek devotions over the next few Thursdays (except when on vacation) will deal with spiritual practice. How do we open our heart spaces so God's love can transform us from the inside out?

Join Pastor Barb either on

Facebook or the bottom of the home page of the website on Thursdays. The devotion is posted by 5PM.

## AUGUST SPECIAL APPEAL

The Special Appeal for August is the ELCA World Hunger Appeal. God richly provides for daily bread — the earth can produce enough food for everyone. Yet, many of our sisters and brothers still go hungry. Nearly 800 million people — that's 1 in 10 people in our world today — are hungry. As members of the ELCA, we are called to respond. Your gifts to ELCA World Hunger make it possible for the ELCA to respond, supporting sustainable solutions that get at the root causes of hunger and poverty. Please mark your envelope *Special Appeal*.



It is a pleasure to thank you for your gift of \$404.00 to support SpiriTrust Lutheran Hospice. We are grateful for your belief in our mission and the meaningful action you have taken to support the people we serve.



## Alive/Alive is Back! Sept 24-26.

- Alive/Alive is a synod wide event for middle school youth entering 6<sup>th</sup> through 8<sup>th</sup> grade held at Camp Nawakwa. This is an excellent opportunity to join other youth for fun, fellowship and faith growth. If you are interested in attending, please email the pastor.
- The Confirmation Youth voted to support the local animal shelter as their Confirmation project this year. The first article of the Creed "I believe in God the Father Almighty maker of heaven and earth" reminds us that we are all called to care for God's creation. Caring for abandoned animals is a part of that work. The youth will be asking the congregation to join us in providing items for the shelter. Stay tuned for more information!
- The Young Adults continue to meet via Zoom for devotions on Tuesdays at 7PM. Anyone interested in joining the devotion time should contact Rachelle Gehr.





## THE R3 TEAM CONTINUES RENEWAL FOCUS

Trinity will be exploring one principle a month through the summer.

August's principle is: *At our best we have the courage to use our gifts in the community.*

- ♦ August 15 - Trinity will host a community concert featuring Zachery Reynolds and Hannah Ruffner
- ♦ The Confirmation youth will be asking for the congregation's support for the local animal shelter.
- ♦ Sunday, October 2 at 2PM - Trinity will be hosting a community animal blessing.
- ♦ Please continue to share your God moments with the Congregation. Call the office or comment on Facebook each week sharing where you've seen God.

### Principles

*Using the information from conversations with the congregation about our assets, wows and needs, the renewal team discerned these principles for Trinity moving forward. We will use these principles as lens through which to evaluate ministry opportunities moving forward.*

- ♦ Passionate about God
- ♦ Feeding the hungry physically, emotionally and spiritually
- ♦ Open, welcoming and friendly
- ♦ Courage to creatively use our gifts in the Community.

### Priorities

*The renewal team also identified these current priorities for ministry for Trinity*

- ♦ Internal: Renew and deepen our connection with each other in the family
- ♦ External: Renew and deepen our connection with our neighbors in the community and continue working with the Food Pantry.

### **HELP IS AVAILABLE**

If you know of anyone in the Waynesboro or Greencastle/Antrim Area School Districts who needs help with school supplies or clothes, please have them sign up with Waynesboro Area Community and Human Services. They can call 717-762-6941 or use the website at [www.wchs.org](http://www.wchs.org). A curbside distribution of school supplies for those who have signed up will be held on August 16 and August 17. The Clothing Bank is reserved on August 19 and August 20 for school clothing shopping only. Appointments are not necessary to visit the Clothing Bank.



God has blessed Trinity with an abundance. Many of our family give time, talent and supplies behind the scenes so our work as the people of God can happen. Each month we will take some

time to say thank you. You are appreciated! If you know of someone who should be on this list, call the office.

- The members of our Trinity family who faithfully support the ministry of Trinity with their tithes stopping by the office, mailing in their donations or using Simply Giving or the on-line Give button on the website.
- Tom Sidoli downloaded the worship video to YouTube during the pastor's Vacation
- Charlie Ford mows the lawn
- Sue Wunderlich and Pastor Barb boxed up 494 cans of food
- Sue and Chuck Wunderlich transported the cans to the food pantry
- Brandon Sidoli, Tom Sidoli, Beth Ford and Darrell Swart who work in the Sound Room with camera and sound recording the Facebook Live worship service each Sunday
- Scott Valentine, Ivan Wingert, and James Thomas who work with the screens for Sunday Worship
- Donna and Bud Wolfe who set up the snacks for "Bring a Friend" Sunday.
- Marie Dean and Donna Wolfe who served the snacks and have agreed to coordinate fellowship volunteers in the future.
- Dave Wolfe for providing the message during worship on July 18 while the pastor was on vacation.

**Trinity Highlights  
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## **NOTES FROM THE SUICIDE PREVENTION WORKSHOP AT TRINITY**

Trinity hosted a *Suicide Prevention Workshop* in July. The statistics are staggering – 46,000 people die from suicide every year in our country.

There are different types of warning signs you may see in yourself or another person who may be in crisis. All warning signs require attention, and some require immediate action. Some people will make jokes about suicide when they are having suicidal thoughts. Others may even appear calmer or happier than usual because they have decided to attempt suicide and feel relief at making a decision. Not everyone who makes a suicide attempt shows warning signs. However, warning signs of suicide should always be taken seriously, even if the person seems to be joking.

If you recognize any of the following signs of suicide in yourself or others, you should reach out for support. Call the pastor or the suicide hotline at 866-918-2555.

- Feeling hopeless, trapped, or like there's no way out.

- Having persistent or worsening trouble sleeping or eating.

- Feeling anxious or agitated.

- Feeling like there is no reason to live.

- Feeling rage or anger.

- Engaging in risky activities without thinking of the consequences.

- Increasing alcohol or drug misuse.

- Withdrawing from family and friends.

## **STEWARDSHIP OF OUR BODIES**

*Then the Lord God formed man from the dust of the ground and breathed into his nostrils the breath of life; and the man became a living being. -Genesis 2:7*

If not for the breath of God alive within each of us, our physical bodies would be just 100-plus pounds of dead water and minerals.

Intricate vehicles that carry us through our years, our bodies teem with the holy life that God gives us. As sacred vessels of life, our bodies deserve the best care and attention we can possibly give them.

As a culture, though, we aren't doing a very good job of it. Though the United States spends more on medical care than any other nation, we consistently rank low in overall health. Bloomberg's 2020 Global Health Rankings put us at Number 35. (The top five: Spain, Italy, Iceland, Japan, and Switzerland. Canada was 16.)

A prime reason is obesity, which affects 43 percent of Americans and contributes to a wide range of chronic health conditions. Of course, genetics plays a big role in everyone's health, and it's one of the factors over which we have no control.

But there are a lot of variables we can work with to increase our health and take care of the sacred life-bearing vessels God has given us.

For the month of July, pray for God's guidance to help you care for your body. Consult your doctor and read up on diet, exercise, and stress reduction. Ask the Holy Spirit to give you insight and wisdom to learn what to do, and then the courage and discipline to follow through.

--Rob Blezard

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